

ON THE NOSOLOGY OF STUDENTS IN ADAPTIVE PHYSICAL EDUCATIONPHYSICAL CHARACTER DEVELOPMENT

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In our country of sports all to the fields big attention being directed. Adaptive of physical education development different different social who has abilities of people sports able to reach the top will give. Adaptive physical education education, science, culture and social of practice active This subject is considered a developing integral field and a developing direction in Uzbekistan current is counted that we count. Sohani more develop, students in his mind adaptive physical education conception more development and quality increase in order to this the subject valuable power lightingthe goal we did Adaptive physical education therapeutic physical education considered in development defect has been refers to a much broader concept of physical education of children. That's why it is we believe that it is necessary to study the field, to search for direction. The advent of adaptive physical educationoutput is that - this name fulfills the purpose of physical education for disabled people. That's it shows that physical education his own all in appearances in the body positive morphofunctional to stimulate change, thereby supporting, developing and improving life directed necessary action generalized

physical qualities and abilities formation need Adaptive physical education main direction - this a person body and to personality effect doer biologicaland formation of motor activity as a social factor. Knowing the essence of this phenomenon is adaptive physical education methodical is the basis. St. Petersburg Academy of Physical Education the first times PF Lesgaft in the name of adaptive physical education faculty opened his task disabled people physical education in the field work for high consists of training qualified specialists, and then at the Moscow City Pedagogical University adaptive physical education department basis for its establishment it has been. Disabled students and students with chronic diseases, post-surgical injuries were transferred to adaptive physical training groups according to their health and like basic training groups twice a week they participated in "Physical Education" adaptive physical education classes. Classes are designed taking into account the illness of each student, groups of 8-10 people taking into account the nosology, having a disability - two or three pupils with a motor disability Training is carried out in the event that individual classes with the same weight and different disabilities are organized increase to effective results to reach will bring. Use of physical inactivity for the purposes of correction, range of motion of disabled students expand cardiorespiratory, nerve systems, also locomotion system of activity Adaptive physical education based on knowledge of the laws of some of the shortcomings of today is the solution.

Adaptive physical education in learning the following from the method use very effectively:

- In various types of adaptive physical education (adaptive physical education, adapted sports, customized mobile rest get and physical rehabilitation) tool actions to teach in processessimilarity and identifying the differences perform;
- Adaptive physical in education tool actions appropriation in the process mistakes maximum levelan exception to do;
- the main theoretical concepts of education: mental, perceptive, step-by-

step actions and concepts stage formation theory reform;

□ Activity mental arrangement in the system image formation concept identify get;

□ Executor activity in development "pure" perception reach concept ND Gordeeva, VP The Zinchenkos study the theory;

□ The concept of "artificial control environment", the formation of motor actions with a certain result theory and application of methodology.

In a word, of students in terms of nosologies in adaptive physical education physical qualities development in the process, the most first of all person psyche formative certain style on the basis of which certain physical needs are formed. As a result, the individual of the student opportunity in consideration take into groups certain the method apply through quality increase possible

Adaptive physical education should not be limited to treatment and medical rehabilitation need SHE IS only treatment and sure diseases prevention to do tool it's not, perhaps a person damage or disease as a result to the body came new in case complete of life organize of those who do one appearance too is considered Adaptive sports, adaptive movement recreation and adaptive other types of physical education include communication, active recreation and other normal human life forms mean holding competition or recreational activity in the process own disease and from problems the question of the maximum level puts

Adaptive physical of rehabilitation content any activity type in the process she is or this vital situations to the body coming different disease, injury, physical and spiritual stress the like from the head when you forgive in disabled people temporarily lost or broken functions (disability reason (except those lost or impaired for a long time due to an underlying disease) to recovery directed. The main issue of adaptive physical rehabilitation is the mental adequacy of disabled people for this or that disease from the formation of the reaction, they stimulate the rapid recovery of the body, natural, ecological in terms of checked to tools from referral; them physical

of exercises suitable from the complex hydrovibromassage and self massage methods, trainer and thermal (up temperature) the use of procedures and other means (su djolk acupuncture and the like) is a skill and skills is to teach.

Summary by doing so to speak this topic disabled of students activity increase in order to beforepushed is one of the studies in the field. We hope that in the future adaptive physical in Uzbekistan education development more activation according to big affairs done is increased.

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