

THE IMPORTANCE OF FAMILY PSYCHOLOGY IN SOLVING ECONOMIC PROBLEMS IN THE FAMILY

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Abstract: It is not enough to quickly inform about the events happening in the life of the society today, people in the modern world are increasingly facing the problem of family economy. In recent years, the economic problems that have arisen in the household, along with the negative impact on interpersonal relations in the family, have also led to a decrease in the level of education of children. Some people get through them easily, but for some couples it ends in divorce.

Key words: reproductive, economic function, budget, aesthetic, perfect citizen, communicative, urbanization, social orientation, demographic policy, social orientations, recreational function, felicitological function.

The economic function of the family is one of its main functions. Family economy, budget, planned spending of income, allocating money for daily expenses, necessary items, collecting funds for things that will be received after a few years, economical living depends on the couple having great experience and skills. . Also, it is necessary to teach boys and girls how to solve economic problems without forgetting that the child growing up in the family should acquire these skills and abilities. In order to prevent such unpleasant situations, it is necessary to provide psychological assistance to people in order to eliminate the problems caused by financial difficulties. Due to its function, the family brings great economic benefits to the society and the state. For example, the benefit brought to the society by the child's upbringing and economic support of the child is huge. This is the amount spent by the state for each child in state institutions (orphanages) for raising a child

for 16-18 years and raising him as a labor force (feeding, dressing, training, material provision, etc.) and if we compare the amount of allowance money given for raising such a workforce in the family, the difference in the middle is several hundred thousand soums in favor of the former. To make it easier to imagine, it can be said that for each child to grow up, the family brings economic benefits to the state in the amount of at least one Nexia car. In this regard, the spiritual and moral value of forming a spiritually and morally mature, physically and psychologically healthy person cannot be measured by any economic criteria. It's just to show the benefit of the family in forming a single person for its economic function. Doing household chores in the family, making a living, producing material goods in the family, farming, personal production, etc. Increase its economic function and importance in front of the society. Another important function of the family is its reproductive function (ensuring the biological continuity of society, giving birth to children). The main essence of this function is to continue the human race. The task of the family is not only to bring the new generation into the world, but also to introduce them to the scientific and cultural achievements that have been lived since the beginning of mankind, and also to maintain their health. The instinct of procreation given by nature turns into the need of a person to have children, to raise and educate them. Without satisfying these needs, a person usually cannot feel happy. Also, in the case of giving birth to a child, completely new feelings appear: femininity, and fatherhood in men. A child is also the main factor that strengthens the relationship of a couple. The reproductive function of the family in front of the society and its implementation means how many children should be in each family in order to restore the population. According to statistics, if each family has only one child, such a nation may disappear after the eighth generation. Can't ride. According to demographers, in order for the family to fulfill its reproductive function, each family should have an average of 2.6 children. Rather, it is necessary to create the necessary conditions for the society and families to successfully perform their functions. Demographic policy, economic, social and legal activities carried out by

our government can be a clear example of this. The main directions of such a policy are protection of motherhood and childhood, improvement of the financial situation of families with many children and low-income families, benefits for young families, mothers, and so on. Children's mental, physical, moral and aesthetic education is founded in the family. The family is responsible not only for laying the foundation of the building called human being, but also until its last brick is laid. Parents are artists, children are works of art, and the process of education is art itself. After we gained independence, the restoration of our national values and our national customs and traditions, which our people have been respecting since time immemorial (in addition to parents, grandparents, relatives, and neighborhood influence in raising children) are of great importance in this regard. Have But sometimes, as a result of the weakening of the educational function of the family and the lack of propaganda work, bad habits (drinking, smoking, drug addiction, being influenced by various religious movements, entering the path of spiritual corruption) appear in the behavior of family members. Is one of the worrying cases. Forming and educating a perfect citizen of society is an important function of the modern family. Because the socialization of a person takes place first in the family. A certain political-ideological outlook, moral norms and behavior patterns, and physical qualities are inculcated in a person through family upbringing. It is not for nothing that it is said in our people that «a bird does what it sees in its nest». As a result of the socialization process that takes place in the family, a person learns social norms and values and enters social life. The communicative function of the family serves to satisfy the need of family members for mutual communication and mutual understanding. According to psychological studies, different social orientations, «ustanovka», emotional culture, moral, spiritual and psychological health of a person – the nature of mutual, internal communication in the family, the manifestation of psychological «ustanovka» in the interaction of older adults in the household what they do is directly related to the moral and psychological climate in the family. At the current stage of human development, there is an increase in

scientific and technical progress and the urbanization of people's daily life (radio, television, video, computer, etc.). Increasingly, with the nuclearization of families, the importance of the communicative function of the family, the importance of family members talking to each other «humanly» is increasing more and more. In this place, the unique feature of the Uzbek family: multigenerational, multi-childhood, etc. Is the basis for full communication between the members of such families, their mutual plays an important role in meeting their communication needs. However, in recent years, in some families, there is a lack of communication between parents and children, decreased attention to each other, limited freedom of opinion among family members (especially in rural families). Even as a result of the deterioration of family relations, unpleasant situations such as stress (nervous tension), suicide (suicide) are observed in some family members. In order to prevent such unpleasantness, first of all, create the necessary conditions for the implementation of open, close, mutually understandable and reliable communication between family members, if necessary, provide relevant knowledge to young people, establish the activities of psychological counseling centers for the population. It is necessary to organize trainings, «Hotlines», «Heart Centers» and improve their activities. One of the features that have been characteristic of the marriage-family relationship since the early, primitive times, one of the requirements for the relationship of its members, is the provision of moral-psychological protection of its members, young children and people unfit for work. Or providing material, spiritual and physical support to elderly relatives. This situation, in turn, constitutes one of the main functions of the family, its recreational function. The recreational function of the family means to provide mutual physical, material, spiritual and psychological support, to strengthen each other's health, and to organize rest for family members. This function is becoming more important in the following years. Strengthening the health of family members, organizing rest for family members, how to organize family members to spend free time together without direct work, study and other social activities, then these The character of

their relationship is one of the most important factors for the strength of today's family. Leisure is one of the most important social values of society. People use this value in different ways. The level of maturity and spiritual world of each person can be assessed depending on how they regularly spend their free time. One of the achievements we have achieved in this regard is that the importance of recreation and wellness has begun to be given at the state level. But it should also be mentioned that many people, for various reasons (they themselves indicate more material reasons), do not pay attention to cultural recreation. Currently, the range of family vacations, family vacations and a number of family activities is expanding. It should also be noted that nowadays the recreational function of the family is often taken over by state and social organizations. Ensuring the safety of members of the community, providing free medical care to the elderly (opening of nursing homes, although foreign to our national characteristics), opening of rest homes and sanatoriums, where people can rest and recover their health. Such as these are among them. But at the same time, the role of the family in ensuring the moral and psychological protection of its members is increasing. Because a person can literally feel calm and free only in his family and only in the company of his loved ones. In this regard, no social institution can replace the family. One of the increasingly important functions of the modern family is its felicitological function (in Italian, «felicite» means «happiness»). The desire to achieve personal well-being is becoming a decisive factor in the system of family relations in many ways. What is happiness? What role does the modern family play in ensuring the happiness of its members? The pursuit of happiness is natural for every person, and it is this pursuit of happiness that motivates them to start a family. A person finds three-fourths of his happiness from his family, and less than a quarter from other things. Full understanding of each other in the family ensures that they feel happy. Also, realizing the existing medical and creative possibilities (talent), spending them within the framework of society and family also allows a person to feel happy. In recent times, as a person's opportunities increase, his level of pursuit of happiness is

also increasing. But sometimes there are negative situations, such as striving to be happy by earning money in dirty ways or striving for personal happiness at the expense of others. Sometimes, family members' (especially husband and wife's) pursuit of personal happiness can cause unpleasant situations (such as treason) in families. That is why it is necessary to pay attention to the cultivation of spiritual and moral qualities such as conscience, purity, and honesty in each person. Therefore, the successful performance of the family's functions affects not only its internal state, but also the social health of the society. Therefore, in order to improve the health of the society, first of all, it is necessary to establish family relations, to ensure that the family contributes to the solution of not only internal problems, but also the problems of society as a whole. Family psychology was formed at the end of the 20th century as a branch of social psychology. By the 21st century, its importance in human life and its role in stabilizing the society's spirituality began to be felt even more. After all, in many countries of the world, including developed countries, the crisis in family and marriage relations, the need for the help of psychotherapists, urges the need to study the problems of this place and carry out targeted research and scientific-practical activities in this direction. From the history of the psychology of relationships and views on this issue, it became clear that the longer the interest in the problem of a person, with whom and how he lives goes back to the past, the more recent and young the formation of family psychology as a branch of science, and its formation corresponds to a new era. Family psychology as a science studies the objective laws of the family's activity as a social institution, the mechanisms of family-marriage and kinship relations, and the manifestation of the social behavior of family members in concrete situations related to the way of life. As a practical branch of social psychology, it examines marriage norms, specific aspects of relationships between family members, such as kindness, care, sympathy, solidarity, subordination, submission, leadership, and the distribution of family roles. And gender-related laws of interaction, emotional-emotional connection between parents and children, close relatives, family livelihood and lifestyle

organization researches and studies the course of psychological processes. The psychology of family life is thus a branch of science that studies how people interact with each other, manage a family with good intentions, and live in harmony. Since each family exists in a specific era, time, space, and place, it is a unique human association that preserves intergenerational ties, spiritual heritage, national traditions, customs, and customs. Due to this institution, the unique traditions of each nation, nation and people have been preserved for centuries. In general, the existence of the so-called value of marriage and the generation's belief in it is also an important task of the family. At any time, society and the state were interested in the steady growth of the population, the preservation of certain traditions and sacred traditions, and their transmission from generation to generation. The great Russian psychologist A.N. Leontev studied the importance of intergenerational communication for the development of society and stated in one of his first works that if there was no such communication, development itself would not be absolute. The role of the family, which is an important part of society, is great in fulfilling this task. Therefore, the family as a social institution, first of all, is a certain amount of constant growth of the population through birth, migration between people, i.e. moving from one place to another, or filling the amount that decreases due to death. Performs the function of filling. Because both society and people are interested in the renewal of labor resources and workforce for social and economic development. In addition, each society has unique values, immortal heritage, and traditions passed from generation to generation. It is also thanks to the family that values that serve civil status, cultural growth, and spiritual growth are preserved. For example, there are such family dynasties that over the centuries have preserved one or another sacred values through their profession and lifestyle (painting, art studies, handicrafts, floriculture, pottery, scientific heritage, in the agricultural sector, etc.). In the preservation of human society as a whole, the family plays the role of a «buffer» - a bridge between some individual and the whole society. After all, educational institutions and centers of culture in the state and society have a certain

role in preserving and passing on cultural and spiritual values from generation to generation, but due to frequent changes in them, they are considered sacred between generations. The role of the family in preserving values cannot be higher. That's why the state is always interested in the stability and well-being of the family, people living in it in peace and tranquility, and maintains certain laws and legal system through which it coordinates not only the marriage itself, but also the relationship between parents and children. Favors given to young families in Uzbekistan, allowance for the birth and growing up of a child, determination of allowances, social protection of motherhood and childhood, material, moral, even its punishment through criminal sanctions is to strengthen this unique place, to continue the task of preserving national and universal values for future generations through it. If we analyze, among the many relationships that take place between people, only family relationships are so honored by the state, for example, love, friendship, trade between people, entrepreneurship. The state hardly interferes in labor relations. Therefore, the duties of the family before the society mean its ability to satisfy the specific needs of family members and thereby serve the needs and interests of the state and society. For example, when a father works from morning to night at a manufacturing company, he not only satisfies his needs for food, rest, and shopping, but also takes care of his family members, primarily his children, and the housewife. Lsa, the needs of the spouse, in addition, the increase in profitability in this or that enterprise contributes to the high economic indicators, thereby contributing to the development of this industry in their homeland.

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