

## THE ROLE OF FAMILY PSYCHOLOGY IN THE DEVELOPMENT OF SOCIETY

*Tulkinboeva Makhliyo*

*Fergana State University*

*3rd year student of the Faculty of Pedagogy and Psychology*

**Annotation:** This scientific article provides information on the provision of a social environment in the family, as well as its impact on the development of society.

**Key words:** community life, harmony, raising children to be polite, morally mature, issues that cause marriage breakdown, calmness, harmony and mutual respect...

**INTRODUCTION.** A family is a small group based on marriage or consanguinity. Its members are bound together by unity, mutual support and spiritual responsibility. The most important social tasks of the family are to continue the human race, raise children, and effectively organize the living conditions and free time of family members. Although family relations are considered a relatively independent phenomenon, they are determined by existing social, economic, and ideological relations in society and change under their influence. Accordingly, each society changes and establishes the appropriate type of family and family relations.

### LITERATURE ANALYSIS AND METHODOLOGY

The family did not exist in the history of society. In the first stage of the primitive community system, when people lived in clans, the relations between the sexes did not have a specific order, and all men and women in the clan were considered common spouses. However, in these families, married couples have not yet had a stable separate household. Social production With the development of

cattle breeding and farming, the value of men's labor increased, their share in production increased, and consequently, their social status also changed radically.

The existing rules and regulations - that children belong only to the mother, that they are considered heirs to the mother's property - contradicted the new status of men. As a result, a patriarchal family based on father's rights was created. The family tests the traditions of the life and marriage of the people and society. He carefully preserves the good ones in his bosom and passes them on to future generations. The family educates its children and inculcates universal human values in them, giving them the initial social impetus. By adding a few children to the larger stream - the society, the family has little influence on determining the structure, economy, culture and education of the society. That is why in the East, the family has been considered a sacred place since ancient times. In particular, the characteristics of Uzbek families are still preserved. In Uzbeks, the elderly and parents play a big role in the formation of a certain lifestyle of families, gaining life experience, frugality and frugality, and in raising children to be polite and spiritually mature. Uzbek families are distinguished by their strength, orderliness, childishness, respect for kinship ties, benevolence and other values. Due to the state independence of Uzbekistan, the ancient national customs and rituals of our people began to be restored, these traditions play an important role in strengthening the family. The government of Uzbekistan regards family issues as a priority task that must be fulfilled at the level of state policy. According to Article 63 of the Constitution of the Republic of Uzbekistan, the family is the main garden of the society, it has the right to be protected by the society and the state. Other legal documents on motherhood and childhood protection have been adopted and practical measures have been established. The President of the Republic of Uzbekistan declared 1998 as the "Year of the Family" in order to further increase the role and participation of the family in the development of society, to strengthen the state's support and consistently ensure the improvement of the legal, social, economic, moral and moral interests and well-being of families. Based on this, a state program was developed

on activities to ensure the interests of the family. Scientific and practical center "Family" of the Republic of Uzbekistan was established under the Women's Committee of the Republic of Uzbekistan. The Family Code of the Republic of Uzbekistan dedicated to the legal regulation of family life issues has been adopted. Happy families make a happy community. Because happy parents raise happy children. Children of parents who love each other will also love each other. The family is a sacred place that preserves the continuity of every people and nation, ensures the development of national values, gives birth to a new generation, educates it spiritually and physically, and is considered the main foundation of society. The family is one of the most beautiful miracles of nature, it is a social unit based on the "natural-biological", economic, legal, spiritual relations typical of humans. Family is the most important part of people's life, the base of civil society. A person is born in this holy place, and it is here that he matures spiritually and morally.

In order for love to appear and prevail in the family, the following conditions must be met:

- mutual respect of family members;
- family members trust and protect each other;
- closeness, mutual support and sharing of ideas;
- their sense of responsibility (parents' sense of their duties and responsibilities);
- to fight against difficulties together and solve them;
- to be able to express one's minority and to create a suitable environment for a happy life;
- have a healthy material and spiritual life;

The needs listed above must be met in the family environment. Our Prophet, peace be upon him, said in one of his hadiths: "Marriage is my Sunnah, and whoever renounces my Sunnah, he is not from me" (that is, not my Ummah) (narration of Ibn Majah).

## DISCUSSION

At present, we should give similar advice, especially to our young brides, we should perfectly explain the halal and haram, marital duties, especially the issues that cause the marriage to break. Then every family will live a strong, peaceful, peaceful and happy life. Divorces can be avoided due to some minor flaws and misunderstandings. Family happiness is considered a great blessing. In this sense, it is necessary to pay attention to the relations between husband and wife, mother-in-law and daughter-in-law, parents and children in the happiness and peace of family life. A number of factors are very important in creating a high spiritual atmosphere in the family environment, such as the family members, especially the husband and wife, reaching mutual compromise, overcoming anger and being sweet-spoken, and at the same time not revealing family secrets. Recently, in our country, it has been introduced to perform a medical check-up of the bride and groom before marriage in order to ensure family strength, the happiness of the bride and groom, and the health of the future offspring. Imagine for a month what kind of situation a parent who carefully brought up their daughter to marry with great hopes and great expenses, who dreams of grandchildren who have a son-in-law thanks to their daughter, will find out that their son-in-law is suffering from an incurable disease. Or if your son-in-law turns out to be a drug addict, your daughter's happiness will make you feel sad. What if your bride has a mental illness, and her parents hid it and passed it on? This event, which was introduced in order to prevent such unpleasant events, build a healthy family and marriage, is only beneficial for the bride and groom and their relatives. In the creation of humanity, it is the real holy gosha, the Motherland, the so-called family. Honest living, working, and raising children in family relations, which have been little recognized for centuries and have risen to the level of religious and moral values, are the source of development of social life style. In Eastern education, the basis of the formation of a person's universal world view begins with the family. That is, all the factors that determine the meaning of a person's life, such as patriotism, kindness, manners and honesty, are formed in the

family. The role of the family in the formation of every young child as a mature person is very incomparable. Every parent wants their child to grow up to be worthy of their country and have a place in life. Every young adult who starts a family should be mentally and physically ready to start a family. The Uzbek folk writer Fitrat said about the family: The happiness and honor of every family depends on the internal discipline and harmony of this nation. Peace and harmony depend on the discipline of the nation's families, and the country and nations will be stronger as well. If the population of a country weakens family relations with immorality and ignorance and indulges in indiscipline, then the happiness and life of this nation will be in doubt.

### **THE RESULT**

In order to further support the institution of the neighborhood and the family, which the world community recognizes as a unique system, the President of the Republic of Uzbekistan adopted on February 18, 2020 "To improve the socio-spiritual environment in society, to further support the institution of the neighborhood and to bring the system of working with the family and women to a new level" The Decree on measures" is proof that the country pays attention to the family at the level of state policy. The real meaning of the strong social policy carried out in our country is aimed at social protection of the child, mother, child and the elderly, that is, the family, the human factor. Loyalty to the family, respect and love for parents and siblings should be inculcated in the minds of the young generation. Family is the appearance of a social group with a specific structure, having a socio-historical character. President Sh.M. Mirziyoev said that "it is necessary to further strengthen the foundations of the family, which is sacred to us, to create an atmosphere of peace and tranquility, harmony and mutual respect in households, to fill spiritual and educational work with concrete content." A healthy child is directly born from a happy marriage and a united family. The fact that this year has been named the "Year of a Healthy Child" by our state is another practical expression of the attention and care shown to the health of our children and their

future. A country whose children are healthy will have a great tomorrow, and its goals will be clear. In his few speeches, the head of state showed how important the role of the family is in the healthy and well-being of a child and said, "We all understand that the birth of a healthy child and its healthy growth depend on many requirements and factors. But among them there are such important, decisive criteria that I consider it appropriate to dwell on them separately. We consider the family as a place of education that ensures continuity of life and has a strong influence on the fate of future generations. Noble qualities such as respect for elders, honor for children, humanity, kindness, loyalty to one's country and people are formed in the family environment. That is why the importance of the family in bringing up a wholesome and healthy generation is incomparable.

### **CONCLUSION**

The main task of the family is to raise perfect people who are dedicated to the society. After all, a healthy child is the fruit of a healthy family. When we say a healthy person, we can understand not only physical health, but also a mature person who has matured in the spirit of oriental manners, national ideals and noble feelings such as tolerance and humanitarianism typical of the Uzbek people. After all, mentally healthy people can first of all care for the peace of the country, the well-being of the people, and the future of the people. We can say that a healthy environment in the immediate family, a healthy ideology, and a mentally healthy person are the source of support. The family, which is the strong support of our society, not only educates the people of tomorrow, but also can form the ability to care for the motherland and tomorrow.

## REFERENCES

1. Babur B. O. M., Kholdorov E. D. O., Shumkarova Sh. P. FAMILY: ORIGIN, CONTENT-ESSENCE, ITS PLACE IN THE LIFE OF SOCIETY AND SIGNIFICANCE //Scientific progress. - 2021. - T. 2. – no. 1. – S. 70-74.

2. Kayumov, Abdukamol O'g'li of Abdumalik, et al. "EDUCATION AND SPIRITUALITY - AN IMPORTANT DIRECTION IN THE DEVELOPMENT OF SOCIETY." Scientific progress 1.5 (2021).

3. Yunusov, K. Z., Shumkarova, Sh. P., Yadgarova, Kh. I., & Arzikulova, G. S. (2016). Izmenenie kachestvennyx pokazateley tkaney dlya bedelnogo belya s razlichnymi poverkhnostnymi plotnostyami. Molodoy uchenyy, (1), 243-249.

4. To'liqinboyeva Mahliyo //Baxt formulasi// Journal of Healthcare and Life-Science Research Vol. 2, No. 3, 2023 ISSN:

5. Tulkinboeva Makhliyo //Relations Between Husband and Wife in Child Rearing// European Journal of Higher Education and Academic Advancement. Volume 1, Issue 2. 2023. 124-125 pages.

6. To'liqinboyeva Mahliyo Valijon qizi //OILAVIY NIZOLAR, AJRALISH VA UNING SABABLARI// Journal of New Century Innovations, 28(1), 85-90.